



CARSON TAHOE
— HEALTH —

Below are the instructions and link to begin the process with **The Standard**:

1. Visit www.standard.com and select “Create an Account” at the bottom of the page.
2. From the dropdown menu, select “My Insurance Benefits Through Work” for benefits such as Disability, Accident, Critical Illness, and Hospital Indemnity.
3. After selecting “Create an Account,” you will be prompted to enter your name, email address, phone number, and choose a username and password.