



COMMUNITY RESOURCES: FOOD

Discover more about our community partners who are ready to assist you with food resources.



CARSON TAHOE
— HEALTH —



the
pulse



FISH

FISH meets the temporary and emergency needs of the hungry, homeless, and under-employed of our community.



Services

FISH provides the following services in rural Northern Nevada, in addition to many others.

- 3 Food Banks located in Carson City, Dayton, and Gardnerville
- Dining Facility located in Carson City
- The Ross Medical Clinic located in Carson City

In order to evaluate the emergency and/or temporary needs of each client, an in-person interview at the FISH center/office is the first step for anyone needing a “hand-up” during a time of need. No appointment is needed and clients are seen on a first come, first serve basis.

Locations

[Carson City](#)

138 E. Long Street, Carson City, NV 89706

Monday-Friday

9:00am - 12:00pm \ 1:00pm - 5:00pm

775-882-FISH (3474)

[Ranchos Family Service Center](#)

921 Mitch Drive, Gardnerville, NV 89460

Monday - Wednesday & Friday

10:00am - 5:00pm

Thursday

10:00am - 6:00pm

775-265-FISH (3474)

[Carson City Family Dining Room](#)

138 E. Long Street, Carson City, NV 89706

Open 363 Days a Year (Closed Nevada Day and Thanksgiving)

Monday - Saturday

3:00pm - 5:30pm

Sunday

3:00pm - 5:00pm

COST: FREE

Northern Nevada Dream Center

The NNDC was created out of a vision to bring Hope and Relief to residents in our local communities.



The Dream Center's purpose is to meet basic needs and provide assistance through existing and future services. The Food Pantry is just one way the Dream Center is reaching the hungry in Northern Nevada.

Services

In some cases, delivery is available to those who are homebound or without transportation. Please call at (775) 443-4090 for more information.

Locations

[Northern Nevada Dream Center](#)
3579 Hwy 50 East #211, Carson City
Nevada 89701
Every 1st and 3rd Friday
12:00pm - 4:30pm
4th Saturday of Every Month
1:00pm - 3:00pm
Tuesdays and Thursdays
10:00am - 2:00pm
(775) 443-4090

Food Truck Ministry

The NNDC was recently blessed with a second food truck, now making it possible for them to serve more neighborhoods each month. If you would like to volunteer, make a donation or need further information, please call (775) 443-4090.

[Parkway Plaza Apartments](#)
Every 2nd Saturday at 10:00am
[University Heights Apartments](#)
Every 2nd Saturday at 11:00am
[Douglas Elks Lodge in Gardnerville](#)
Every 3rd Saturday at 11:00am each
quarter
[Highland at Vista Apartments](#)
Every 4th Saturday at 10:00am
[Foothills Garden Apartments](#)
Every 4th Saturday at 11:00am

Ron Wood

Extra food for your time in need.



The Community Essentials Emergency Food Bank is for any family who needs food during a crisis. Food is donated by local organizations wanting to help their neighbors. The Community Essential Emergency Food Bank's purpose is community collaboration to assist others in obtaining fundamental items that improve quality of life.

Services

When available, the center stocks perishable and non-perishable food, as well as hygiene items, and distributes them to the community free of charge.

There are no eligibility requirements.

Please be sure to bring picture ID and proof of residency.

Donations are accepted year-round: Non-perishable food, toiletries, toilet paper, laundry soap, diapers, and more.

Locations

[Ron Wood Family Resource Center](#)
2621 Northgate Ln. #50 Carson City,
Nevada 89706
Monday - Tuesday
10:00am - 2:00pm
Wednesday
11:00am - 3:00pm
Thursday - Friday
10:00am - 2:00pm
775-884-2269

Carson Valley Community Food Closet

Carson Valley Food Closet is a nonprofit 501(c)(3) organization providing food to qualifying residents in Douglas County.

The Food Closet is supported by donations from local individuals, churches, community service groups, and businesses. Many food items are donated directly to the Food Closet while others are purchased through their partnership with the Food Bank of Northern Nevada.

Services

Basic commodities are provided on a monthly basis to participants to supplement their food supply. They strive to provide participants with a variety of healthy food from each food group. In addition, they can assist with food vouchers to augment current food supply and distribute food commodities to qualifying seniors at their site.

Locations

[Gardnerville](#)

1251 Waterloo Lane, Gardnerville, NV 89410

Monday, Tuesday, Wednesday, Friday
12:30pm - 4:00pm

775-782-4452

COST: Food vouchers and food commodities for seniors require income verification. Food Pantry is FREE with Nevada ID and proof of NV Residency.

NV Food for Thought

Food for Thought and their volunteers are dedicated to helping hungry children in their community by providing food, as well as solutions, resources and increased awareness, to combat hunger.

Services

Send children home from school on Fridays with a backpack of healthy food. The program serves approximately 16 elementary schools in the Carson City area. Children are identified by the schools and referred by the school administrator.

Locations

[Carson City](#)

3246 N. Carson St. #118, Carson City, NV 89706

Monday - Thursday
9:00am - 1:00pm

775-885-7770

COST: FREE

Healthy Communities Coalition Food Pantry

The food pantries at Healthy Communities Coalition are part of their Healthy Food Hub, which is a regional effort to increase access to affordable, local and sustainably grown food.

Services

During the last week of each month, the USDA Commodities will be available for pick-up during normal food pantry hours. Emergency food boxes are limited to one a week per household. Individuals may pick up food for their household only.

Locations

[Yerington Food Pantry](#)

502 W. Bridge St, Yerington, NV
89447

Wednesday - Thursday

9:00am - 4:00pm

775-350-4597

COST: FREE with NV ID and Proof of Residency

Locations Cont.

[Dayton](#)

209 Dayton Valley Rd, Dayton, NV
89403

Tuesday

7:00am - 10:00am for 60+

10:00am - 6:00pm for all

Wednesday - Thursday

10:00am - 4:00pm

2nd Saturday of Every Month

9:00am - 1:00pm

775-246-7834

[Silver Stage Food Pantry](#)

1290 Lahontan St, Silver Springs, NV
89429

Wednesday-Friday

10:00am - 4:00pm

775-577-9161

Salvation Army Carson City Corps

The Salvation Army is committed to doing the most good for the most people in the most need.

Services

The Salvation Army serves approximately 156,000 meals daily in the U.S. to those in need, including the homeless and struggling families.

Locations

[Carson City](#)

911 E. 2nd Street Carson City, Nevada
89701

775-887-9120

COST: FREE

Carson City Senior Center

Services

The Carson City Senior Center serves lunch daily in its dining room. At this time they do not serve special dietary meals.

Reservations are not required for lunch. The first time you dine at the Carson City Senior Center, we ask some basic information so we can receive reimbursement for your meal. If you desire to eat there more than once, we issue you a scan card which helps us account for all your meals.

The first Friday of every month,

Services Cont.

the Center celebrates those who have a birthday with a lovely meal. Ice cream and cake is also served.

Locations

[Carson City](#)

911 Beverly Dr, Carson City, NV 89706

Monday - Friday

11:00am - 12:30pm

775-883-0703

COST: For individuals 60+ or married to an individual 60+, the suggested donation for lunch is \$2.25. Lunch for individuals under 60, must pay \$6.00 for lunch

Northern Nevada Food Bank

We distribute healthy food to children, families, seniors, and other community members in need.

Services

The Food Bank of Northern Nevada collaborates with partner food pantries to ensure accessible food assistance across its service area. They offer various programs that distribute food to local pantries, allowing families to receive groceries and emergency food help in their neighborhoods. These pantries operate on different days and times, providing multiple resources for those in need.

Locations

[Sparks](#)

550 Italy Drive, Sparks, NV 89437

775-331-3663

For information on locations for Food Banks and Pantries please go to the Northern Nevada Food Bank website.

<https://fbnn.org/>



WIC

Nevada WIC helps families be strong, healthy, and happy by providing health promoting benefits, support services, and referrals.

Services

We provide Nevada Women, Infants and Children (WIC) with nutrition education, breastfeeding support services, supplemental nutritious foods and referrals to health and social services.

Locations

[Incline Village Community Hospital](#)

880 Alder Avenue #205, Incline Village, NV 89451
775-828-6600

Locations Cont.

[Lyon County WIC - Dayton #420](#)

5 Pine Cone Road #103, Dayton, NV 89403

Monday, Wednesday, Friday

8:30am - 4:00pm

775-246-6326

[Carson City Health & Human Services](#)

900 E. Long St., Carson City, NV 89706

Monday - Friday

8:00am - 12:00pm / 1:00pm-5:00pm

775-887-2190

SNAP

Supplemental Nutrition Assistance Program

Services

SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being. The program is administered by the USDA Food and Nutrition Service (FNS) through its nationwide network of FNS field offices. Local FNS field offices are responsible for the licensing and monitoring of retail food stores participating in SNAP.

Application

The quickest and easiest way to apply for SNAP is online through Access Nevada.

<https://dwss.nv.gov/SNAP/Food/>

